

Professional Lash Extension Aftercare Guide

Customize with Your Salon Logo & Contact Information

This universal aftercare guide can be customized by any salon or lash artist. Add your logo, contact information, and recommended maintenance schedule before sharing with clients.

Salon / Spa			
Phone		Website	

First 24 Hours

- Avoid getting your lashes wet.
- Do not use steam rooms, saunas, or hot tubs.
- Avoid excessive heat and humidity.
- Do not rub or touch your lashes.

Daily Care

- Clean lashes daily with an oil-free lash cleanser.
- Brush lashes gently with a clean spoolie.
- Avoid sleeping face-down whenever possible.
- Keep makeup and skincare products away from the lash line.

Avoid

- Oil-based cleansers and makeup removers.
- Waterproof mascara.
- Mechanical eyelash curlers.
- Pulling, twisting, or picking at extensions.

Maintenance

- Schedule fills every 2–3 weeks (or as recommended by your lash artist).
- Follow all aftercare instructions to maximize retention and protect your natural lashes.

Need Help?

If you experience unusual redness, swelling, discomfort, or an allergic reaction, contact your lash artist promptly and seek medical attention if symptoms worsen.

Universal educational template. Customize with your own branding before distributing.